



October 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>	<p>1 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit</p>	<p>2 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit</p>	<p>3 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>
<p>6 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit</p>	<p>7 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit</p>	<p>8 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit</p>	<p>9 (V) Whole grain pizza* Garden salad Fresh fruit</p>	<p>10 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit</p>
<p>13 CENTER CLOSED</p> <p>For Columbus Day / Indigenous Peoples' Day</p>	<p>14 (V) Whole grain cheese melt * Tomato soup Fresh fruit</p>	<p>15 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit</p>	<p>16 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread * Fresh fruit</p>	<p>17 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>
<p>20 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>21 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>22 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit</p>	<p>23 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit</p>	<p>24 (V) Lasagna Tossed salad Fresh fruit</p>
<p>27 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit</p>	<p>28 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit</p>	<p>29 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit</p>	<p>30 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>31 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit</p>

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



November 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	4 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	5 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	6 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	7 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
10 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit	11 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit	12 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit	13 (V) Whole grain pizza* Garden salad Fresh fruit	14 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit
17 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit	18 (V) Whole grain cheese melt * Tomato soup Fresh fruit	19 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit	20 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit	21 THANKSGIVING LUNCH Sliced turkey & gravy (V) Veggie nuggets Sweet potatoes Cranberry relish Whole wheat bread* Fresh fruit
24 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	25 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit	26 (V) Lasagna Tossed salad Fresh fruit	27 <p style="text-align: center;">CLOSED FOR THANKSGIVING</p>	28 <p style="text-align: center;">CLOSED FOR THANKSGIVING</p>
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com</p> <p>This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>			

(V) Vegetarian meal
 #Gluten free

*Whole grain
 ^Vegan



December 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit	2 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	3 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit	4 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	5 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit
8 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	9 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	10 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	11 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	12 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
15 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit	16 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit	17 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit	18 (V) Whole grain pizza* Garden salad Fresh fruit	19 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit
22 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit	23 (V) Whole grain cheese melt * Tomato soup Fresh fruit	24 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread * Fresh fruit	25 CLOSED FOR CHRISTMAS DAY	
29 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	30 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit	31 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit	<i>~ This menu is designed for children age 12+ months</i> <i>* Age-appropriate milk must be served with breakfast and lunch</i> www.goodfoodco.com <i>This institution is an equal opportunity provider</i>	

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Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango

Fruit will be served as it is in season and as it becomes ripe.



January 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>		<p>1</p> <p>CLOSED FOR NEW YEARS'S DAY</p>	<p>2</p> <p>(V) Lasagna Tossed salad Fresh fruit</p>
<p>5</p> <p>Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit</p>	<p>6</p> <p>(V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit</p>	<p>7</p> <p>Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit</p>	<p>8</p> <p>(V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>9</p> <p>BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit</p>
<p>12</p> <p>Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit</p>	<p>13</p> <p>Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit</p>	<p>14</p> <p>Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit</p>	<p>15</p> <p>Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit</p>	<p>16</p> <p>(V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>
<p>19</p> <p>CLOSED FOR MLK JR DAY</p>	<p>20</p> <p>Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit</p>	<p>21</p> <p>Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit</p>	<p>22</p> <p>Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit</p>	<p>23</p> <p>(V) Whole grain pizza* Garden salad Fresh fruit</p>
<p>26</p> <p>Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit</p>	<p>27</p> <p>(V) Whole grain cheese melt * Tomato soup Fresh fruit</p>	<p>28</p> <p>Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit</p>	<p>29</p> <p>Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit</p>	<p>30</p> <p>Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



February 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	3 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	4 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	5 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit	6 (V) Lasagna Tossed salad Fresh fruit
9 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit	10 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	11 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit	12 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	13 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit
16 CLOSED FOR PRESIDENT'S DAY	17 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	18 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	19 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	20 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit
23 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	24 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit	25 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit	26 (V) Whole grain pizza* Garden salad Fresh fruit	27 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit
~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider	Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango Fruit will be served as it is in season and as it becomes ripe.			

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March 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit	3 (V) Whole grain cheese melt * Tomato soup Fresh fruit	4 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit	5 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit	6 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
9 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	10 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	11 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	12 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit	13 CENTER CLOSED For Professional Development Day
16 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit	17 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	18 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit	19 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	20 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit
23 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	24 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	25 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	26 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	27 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
30 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit	31 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit		~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider	Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango Fruit will be served as it is in season and as it becomes ripe.

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April 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>	<p>1 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit</p>	<p>2 (V) Whole grain pizza* Garden salad Fresh fruit</p>	<p>3 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit</p>
<p>6 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit</p>	<p>7 (V) Whole grain cheese melt * Tomato soup Fresh fruit</p>	<p>8 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit</p>	<p>9 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit</p>	<p>10 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>
<p>13 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>14 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>15 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit</p>	<p>16 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit</p>	<p>17 (V) Lasagna Tossed salad Fresh fruit</p>
<p>20 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit</p>	<p>21 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit</p>	<p>22 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit</p>	<p>23 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>24 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit</p>
<p>27 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit</p>	<p>28 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit</p>	<p>29 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit</p>	<p>30 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit</p>	

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May 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>			<p>1 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>
<p>4 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit</p>	<p>5 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit</p>	<p>6 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit</p>	<p>7 (V) Whole grain pizza* Garden salad Fresh fruit</p>	<p>8 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit</p>
<p>11 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit</p>	<p>12 (V) Whole grain cheese melt * Tomato soup Fresh fruit</p>	<p>13 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit</p>	<p>14 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit</p>	<p>15 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>
<p>18 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>19 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>20 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit</p>	<p>21 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit</p>	<p>22 (V) Lasagna Tossed salad Fresh fruit</p>
<p>25 CLOSED FOR MEMORIAL DAY</p>	<p>26 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit</p>	<p>27 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit</p>	<p>28 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>29 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit</p>

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



June 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	2 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	3 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	4 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	5 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
8 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit	9 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit	10 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit	11 (V) Whole grain pizza* Garden salad Fresh fruit	12 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit
15 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit	16 (V) Whole grain cheese melt * Tomato soup Fresh fruit	17 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit	18 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit	19 CENTER CLOSED For Juneteenth holiday
22 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	23 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	24 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit	25 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit	26 (V) Lasagna Tossed salad Fresh fruit
29 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit	30 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit		~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider	Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango Fruit will be served as it is in season and as it becomes ripe.

(V) Vegetarian meal
 #Gluten free

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 ^Vegan



July 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>	<p>1 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>2 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit</p>	<p>3 CLOSED FOR INDEPENDENCE DAY</p>
<p>6 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit</p>	<p>7 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit</p>	<p>8 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit</p>	<p>9 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit</p>	<p>10 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>
<p>13 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit</p>	<p>14 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit</p>	<p>15 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit</p>	<p>16 (V) Whole grain pizza* Garden salad Fresh fruit</p>	<p>17 (V) Spinach manicotti Winter blend vegetables Whole wheat bread* Fresh fruit</p>
<p>20 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit</p>	<p>21 (V) Whole grain cheese melt * Tomato soup Fresh fruit</p>	<p>22 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit</p>	<p>23 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit</p>	<p>24 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>
<p>27 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>28 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>29 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Spinach salad Fresh fruit</p>	<p>30 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread* Fresh fruit</p>	<p>31 (V) Lasagna Tossed salad Fresh fruit</p>

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



August 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Tossed salad Fresh fruit	4 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	5 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread* Fresh fruit	6 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	7 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread* Fresh fruit
10 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	11 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread* Fresh fruit	12 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread* Fresh fruit	13 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	14 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
17 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Southwest salad Fresh fruit	18 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread* Fresh fruit	19 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread* Fresh fruit	20 CENTER CLOSED For Teacher Training Day / Workday	21 CENTER CLOSED For Teacher Training Day / Workday
24 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Fresh fruit	25 (V) Whole grain cheese melt * Tomato soup Fresh fruit	26 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread* Fresh fruit	27 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread* Fresh fruit	28 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
31 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit			~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider	Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, plums, nectarines, strawberries, blueberries, peaches, kiwi, and mango Fruit will be served as it is in season and as it becomes ripe.

(V) Vegetarian meal
 #Gluten free

*Whole grain
 ^Vegan