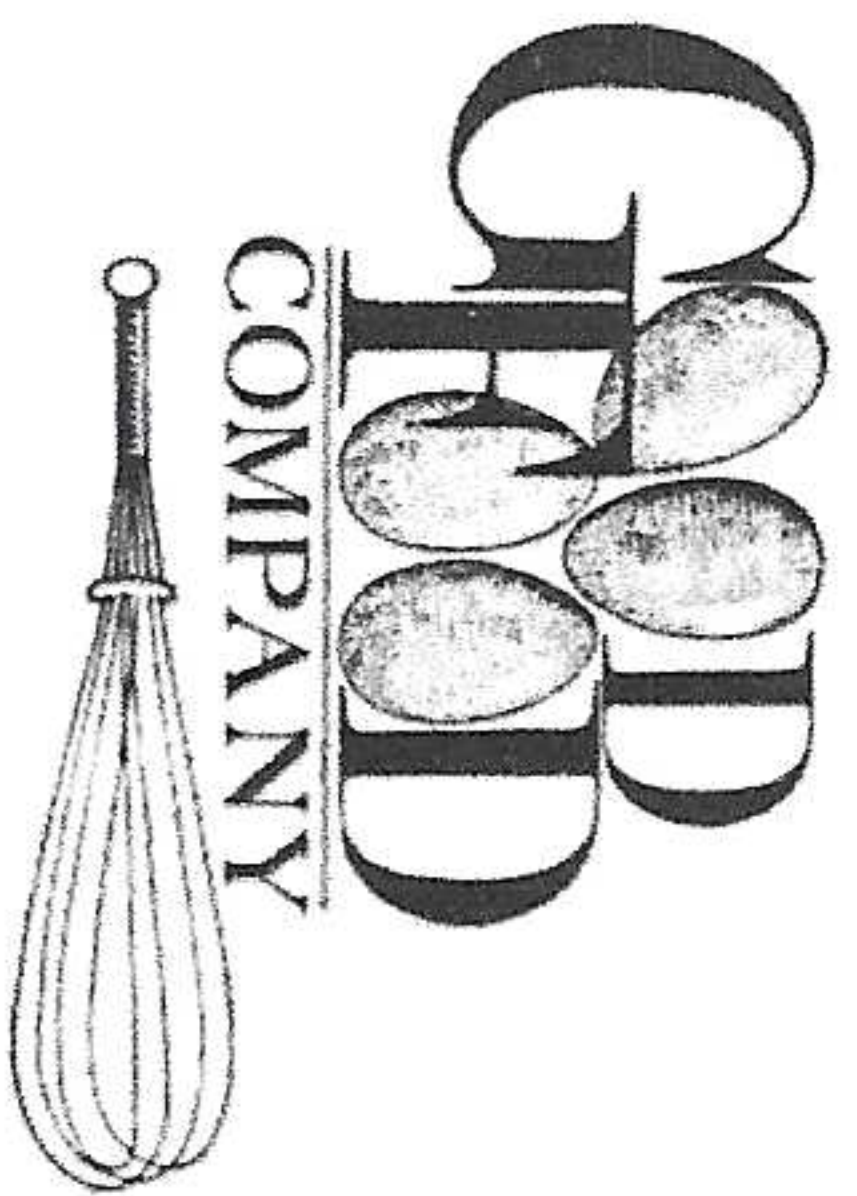


January 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~ This menu is designed for children age 12+ months</p> <p>* Age-appropriate milk must be served with breakfast and lunch</p> <p>www.goodfoodco.com</p> <p>This institution is an equal opportunity provider</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, cantaloupe, plums, nectarines, watermelon, strawberries, blueberries, peaches, honeydew, mango, and pineapple</p> <p>Fruit will be served as it is in season and as it becomes ripe.</p>	<p>1 CLOSED FOR NEW YEARS DAY</p>	<p>2 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit</p>	<p>3 (V) Whole grain pizza* Garden salad Fresh fruit</p>
<p>6 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>	<p>7 (V) Whole grain cheese melt * Tomato alphabet soup Fresh fruit</p>	<p>8 Spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit</p>	<p>9 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit</p>	<p>10 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit</p>
<p>13 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>14 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>15 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit</p>	<p>16 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit</p>	<p>17 (V) Lasagna Tossed salad Fresh fruit</p>
<p>20 CLOSED FOR MILK JR DAY</p>	<p>21 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit</p>	<p>22 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit</p>	<p>23 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>24 BBQ chicken leg (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit</p>
<p>27 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit</p>	<p>28 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit</p>	<p>29 Hamburger slider (V) Black bean burger #^ Bean medley Roll Fresh fruit</p>	<p>30 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit</p>	<p>31 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>

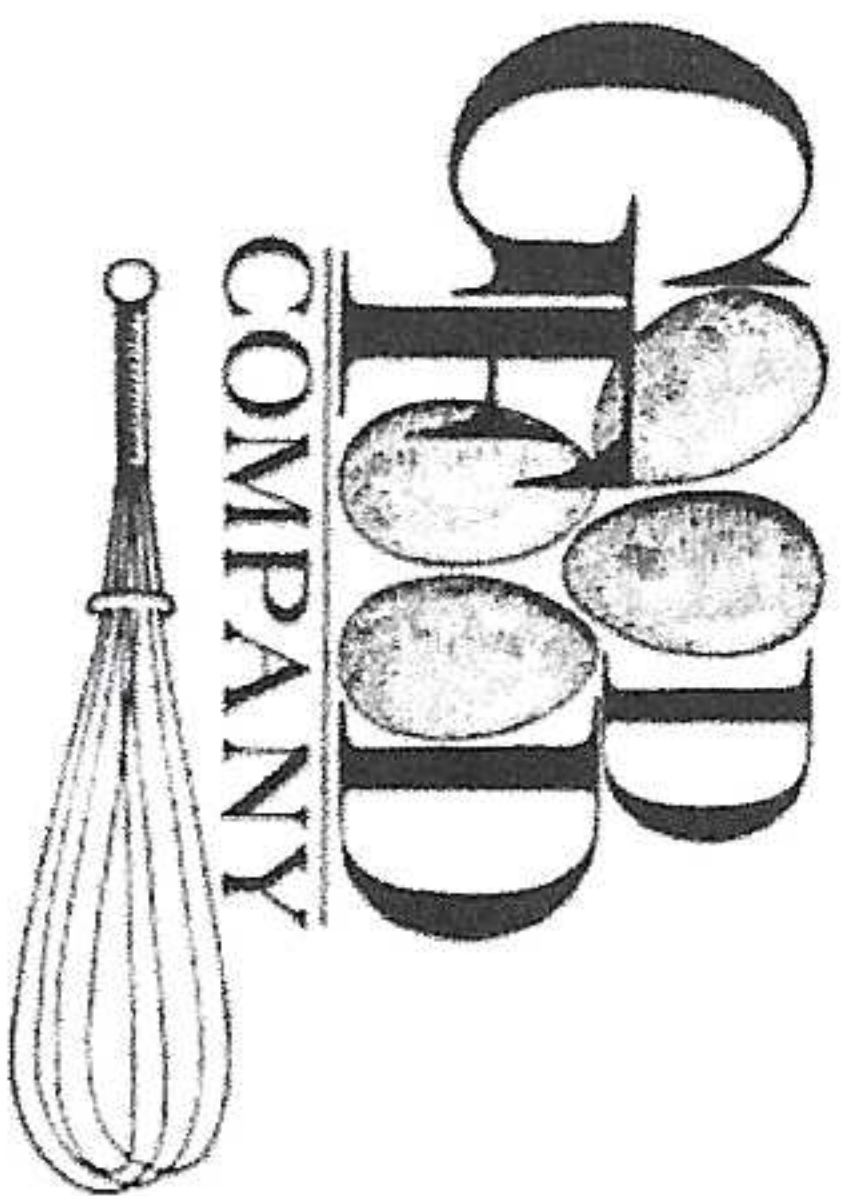
(V) Vegetarian meal *Whole grain
#Gluten free ^Vegan



February 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	4 Maryland-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	5 Chicken patty (V) Veggie nuggets^ Tuscan bean and garlic soup Whole wheat bread/butter* Fresh fruit	6 (V) Whole grain pizza* Garden salad Fresh fruit	7 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
10 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit	11 (V) Whole grain cheese melt * Tomato alphabet soup Fresh fruit	12 Spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/soy #^ Grated cheese Spinach salad Fresh fruit	13 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	14 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit
17 CLOSED FOR PRESIDENT'S DAY				
24 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/soy *#^ Grated cheese Tossed salad Fresh fruit	18 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	19 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	20 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	21 (V) Lasagna Tossed salad Fresh fruit
25 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	26 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	27 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	28 BBQ chicken leg (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit	~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, cantaloupe, plums, nectarines, watermelon, strawberries, blueberries, peaches, honeydew, mango, and pineapple Fruit will be served as it is in season and as it becomes ripe.

(V) Vegetarian meal *Whole grain
 #Gluten free ^Vegan



March 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit</p>	<p>4 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit</p>	<p>5 Hamburger slider (V) Black bean burger #^ Bean medley Roll Fresh fruit</p>	<p>6 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit</p>	<p>7 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit</p>
<p>10 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit</p>	<p>11 Maryland-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit</p>	<p>12 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit</p>	<p>13 (V) Whole grain pizza* Garden salad Fresh fruit</p>	<p>14 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit</p>
<p>17 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit</p>	<p>18 (V) Whole grain cheese melt * Tomato alphabet soup Fresh fruit</p>	<p>19 Spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit</p>	<p>20 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit</p>	<p>21 CENTER CLOSED FOR PROFESSIONAL DEVELOPMENT DAY</p>
<p>24 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit</p>	<p>25 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit</p>	<p>26 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit</p>	<p>27 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit</p>	<p>28 (V) Lasagna Tossed salad Fresh fruit</p>
<p>31 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit</p>			<p>~ This menu is designed for children age 12+ months * Age-appropriate milk must be served with breakfast and lunch www.goodfoodco.com This institution is an equal opportunity provider.</p>	<p>Fresh fruits include but are not limited to apples, oranges, bananas, pears, tangerines, cantaloupe, plums, nectarines, watermelon, strawberries, blueberries, peaches, honeydew, mango, and pineapple Fruit will be served as it is in season and as it becomes ripe.</p>

(V) Vegetarian meal *Whole grain
#Gluten free ^Vegan